If you are a victim of...

- ⇒ Domestic violence
- ⇒ Sexual assault
- \Rightarrow Stalking
- ⇒ Elder abuse
- ⇒ Hate crimes
- ⇒ Child sexual abuse



...Tu Casa Can Help!

Our **free**, **confidential**, **bilingual** services include:

- 24-Hour Hotline 719-589-2465
- Support & individual counseling for you & your children, including play therapy
- Eye Movement Desensitization & Reprocessing (EMDR) Therapy to help you & your children heal from past trauma
- Emergency financial assistance, transportation, & supplies
- Emergency shelter & relocation services for you & your children
- Help filing a protection order & court accompaniment
- Referrals to other shelters, social services, medical services, & law enforcement
- Educational/Outreach presentations & materials available for schools, businesses, organizations, & individuals



Tu Casa, Inc.

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https://www.facebook.com/TuCasaInc

SLV_Tu_Casa

24-Hour Hotline 719-589-2465

The Tu Casa Hotline is staffed 24 hours a day, 7 days a week to provide callers with advocacy & crisis intervention.

You are not alone. Call us; we are here to help.

Tu Casa is dedicated to non-discriminatory practices in provision of our services. Tu Casa does not discriminate against clients on the basis of age, race, sex, sexual orientation, gender expression, color, religion, national origin, disability, veteran status, or any other characteristic protected by state or federal law.

Sexual Assault on College Campuses

Tu Casa, Inc.



24-Hour Hotline 719-589-2465

All of our services are free, confidential, trauma-informed, & available in English & Spanish.

What is Sexual Assault?

Sexual assault includes:

- ⇒ Unwanted Sexual Contact
 - May include penetration with genitals, fingers, or objects
 - ◆ Touching, fondling, or grabbing private parts (over or under clothing)
 - Can occur between marital spouse, date, acquaintance, or stranger
- The victim (adult or child) is forced, coerced, &/or manipulated to participate in unwanted sexual activity.
- The victim is unable to give consent due to age, mental or physical incapacity, which includes being under the influence of alcohol or drugs, asleep, frightened, or disabled.

What is Drug-Facilitated Sexual Assault?

Alcohol & drugs can be used to weaken a person for a period of time & cause memory loss. Alcohol is the #1 "drug" used with sexual assault. It is sometimes used to "loosen up" a date or a friend to make them submit to sexual advances.

Besides alcohol, there are other drugs used to make someone vulnerable to sexual assault. These drugs may be slipped into a drink or the perpetrator may choose to assault someone who has taken drugs recreationally. As a result, the person's memory may be damaged, causing them to ask "What happened?"

REMEMBER: You cannot give consent while under the influence of alcohol or drugs.

You are NOT Alone

- At least 1 in 4 women & 1 in 17 men will have experienced an attempted or completed sexual assault. (CDC,2005)
- At least 80% of all sexual assaults are committed by an acquaintance of the victim. (US Dept. of Justice, 2001)
- On average, at least 50% of college students' sexual assaults are associated with alcohol use. Within the study's nationally represented sample of college students, the results found that 74% of perpetrators & 55% of rape victims had been drinking alcohol prior to the assault. (Abbey et al., 1996a, 1998; Copenhaver & Grauer-

The best thing you can do is realize that there's nothing wrong with you, & that it isn't your fault. Everything around you was the crazy part.

-Sexual Assault Survivor



REMEMBER

- ⇒ **Trust yourself** & your instincts even if you cannot fully remember what happened.
- ⇒ Get medical attention for injuries, pregnancy, STDS & HIV. If you decide to report to the police, put your clothing in a brown paper bag & DO NOT SHOWER. This will help preserve evidence.
- ⇒ **Call Tu Casa** for support & resources. We can provide options, counseling, & help with the criminal justice process.

Other Resources for College Students

- ⇒ **The Law:** Sexual Harassment/Violence at a university violates **Title IX** of the 1972 Education Amendments in that is constitutes discrimination on the basis of sex. Retaliation against an individual who files a complaint or participates in a sexual harassment/violence investigation is prohibited, & the use of alcohol or drugs never makes the victim at fault for sexual harassment/violence.
- ⇒ Reporting: Any student who has been sexually harassed/assaulted or retaliated against can report the incident to the Title IX Coordinator at their college or university. Reports can be made anonymously. A student who is not sure about filing a complain or the process can also contact the Title IX Coordinator for more information. Students can also report sexual assault to their campus police or local law enforcement & should call 911 if in imminent danger.
- ⇒ Investigative & Administrative Process: If after discussion with the Title IX Coordinator it is determined that there is sufficient evidence (more likely to have occurred than to have not) & with the approval of the victim, an investigation will begin. There is no formal hearing, but evidence will be provided to the deciding campus official, who will render a decision. Both parties will have the opportunity to present their case in private. Both parties also have the right of appeal. Steps should be taken to protect the complainant during the entire process.

For more information, contact your college or university's Title IX Coordinator or contact Tu Casa, Inc. at **719.589.2465** or visit our website: www.slytucasa.net.